

Behavioral Health Providers

Kent County Behavioral Health	Child and Adult Services; Family Therapy, School Based Therapy; Individualized therapy, Medication Management	Phone: 410-778-5783 ext. 3254
Bridges Behavioral Health	Mental Health Evaluation & Treatment, Parent Education Groups, Psychiatric Medication Services, School-based Services	Phone: 410-758-8750 Fax: 410-758-8751
Anne Arundel Counseling Inc.	Clinical Psychiatric Evaluation, Mental Health & Substance Use Services, Mental Health Evaluation & Treatment, Psychiatric Medication Services, Psychological Testing, Substance Use Education/Prevention, Urgent Care Appointments, Youth Development	Phone: 410-768-5988
Community Behavioral Health	Clinical Psychiatric Evaluation, Mental Health & Substance Use Services, Mental Health Evaluation, Psychiatric Case Management, Psychiatric Day Treatment, Psychiatric Rehabilitation Program Off-Site, Psychiatric Rehabilitation Program On-Site, Psychological Testing Respite Care, Substance Use Intervention Program	Phone: 844-224-5264
Corsica River Mental Health Services	Clinical Psychiatric Evaluation, Crisis Intervention, Mental Health & Substance Use Services, Mobile Treatment/ACT, Psychiatric Medication Services, Substance Use Education/Prevention, Walk-in (registration only)	Phone: 410-758-2211
Eastern Shore Psychological Services	Clinical Psychiatric Evaluation, Mental Health & Substance Use Services, Mental Health Evaluation & Treatment, Psychiatric Case Management, Psychiatric Medication Services, Psychiatric Rehabilitation Program Off-site, Psychiatric Rehabilitation Program On-site, Psychological Testing, Substance Use Intervention Program	Phone: 443-282-0102/0104
For All Seasons	Access and Visitation Services, Crisis Intervention, Mental Health & Substance Use Services, Mental Health Evaluation & Treatment, Mobile Crisis Stabilization Services (Youth), Psychiatric Medication Services, School Based Mental Health (Dor/Kent), Substance Use Outpatient, Urgent Care Appointments, Victims of Human Trafficking	Phone: 410-778-5147

High Street Psychotherapy	Counseling for Individuals, Couples, and Families	Reagan King, PSYD Phone: 443-420-8655 Barbara K. Young, LCSW-C Phone: 443-620-4300 Russ Widder, LCSW-C Phone: 410-443-0401
Chester River Behavioral Health	Conflict Resolution, Mental Health & Substance Use Services, Mental Health Evaluation & Treatment, Psychological Testing, Sports Psychology, Substance Use Education/Prevention, Substance Use Outpatient, Treatment for Adult Children of Alcoholics	Phone: 410-778-5550
Catherine Molz, LCSW-C	Mental Health Evaluation & Treatment	Phone: 410-778-0234
Martha Gale Tucker, LCSW-C	Crisis Intervention, General Mental Health Info/Education, Older Adult/Aging Issues, Veterans	Phone: 410-310-8414
Bridges at Worthmore	Equine Assisted Therapy, General Mental Health Info/Education, Therapeutic Riding	Phone: 410-708-8973
Chesapeake Bay Psychological Services, LLC	Serves adults, adolescents, and children by providing individual, couples, and family therapy, psychological testing, consultation services for educational accommodations in grade school or college, and resolution of parenting differences	Phone: 410-604-0226 Fax: 877-643-0126
Peace of Mind Mental Health	Mental Health Evaluation & Treatment	Phone: 410-690-8181 Fax: 410-690-8185
Talisman Therapeutic Riding (TTR)	Talisman offers equine assisted activities and learning, which include therapeutic riding and Hippotherapy to children and adults with physical, cognitive, social, behavioral, and emotional conditions / disabilities	Phone: 443-239-9400 www.talismantherapeuticriding.org

Crisis Intervention/Inpatient Services

<p>Affiliated Santé Group – Eastern Shore Crisis Response Services</p>	<p>Mobile Crisis Teams services are dispatched via the Eastern Shore Operations Center (ESOC). Mobile Crisis teams operate 7 days a week serving all 9 counties on the Eastern Shore. Youth Crisis Stabilization supports are also provided.</p>	<p>Phone: 888-407-8018</p>
<p>Dover Behavioral Health Systems</p>	<p>Comprehensive individual assessment, Psychiatric evaluation and medication stabilization, Physical examination and follow up, Co-occurring disorder programming, Academic instruction for adolescents, Daily psychoeducational and group therapy, Skills training, Family sessions, Partial Hospitalization offered weekdays 9:00 a.m. – 3:00 p.m.</p>	<p>Phone: 302-741-0140</p>
<p>Rockford Center</p>	<p>Adolescent Psychiatric Inpatient Program and Day Treatment Program for both teens and children.</p>	<p>Phone: 302-996-5480</p>
<p>Shore Behavioral Health</p>	<p>Continuum of inpatient and outpatient psychiatric and substance abuse services.</p>	<p>Phone: 410-228-5511</p>
<p>Union Hospital</p>	<p>Walk-in services in the Counseling Center, Monday through Friday, 8:30 a.m. to 4:30 p.m., Walk-in services in the Emergency Department, 24 hours a day, 7 days a week, Crisis intervention, Psychiatric evaluation, Referral information, Resource procurement</p>	<p>Phone: 410-554-6444</p>

Transportation

Bay Country Taxi & Transportation Company	Provides fast and friendly pick-up and drop-off services at competitive prices	Phone: 410-770-9030
Delmarva Community Transit- One Stop	Provides information and assistance about transportation solutions as well as information and assistance to access community agencies and people who may be able to help with other problems one might face.	Phone: 410-778-5187
Home Ports	Based in Kent County and provides services to its members, who are age 55 and over. There is a fee to be a member. Services include referrals to a vetted list of transportation providers for local and regional transportation needs. Limited volunteer-based transportation services available.	Phone: 443-480-0940
Key Lime Taxi of the Eastern Shore	Medical Transportation	Phone: 855-996-4950 (Toll Free)
Upper Shore Take a Ride (USTAR)	Serving Kent, Talbot and Caroline counties, Maryland. USTAR Fares: Senior Citizens/Disabled Persons: \$.50 per day, if within the county; \$2.50 per day, if outside the county (up to 50 miles round trip); \$10.00 per day, outside the county and over 50 miles round trip. General Public: \$1.00 per day, if within the county, \$5.00 per day, if outside the county (up to 50 miles round trip), \$20.00 per day, outside the county and over 50 miles round trip.	Phone: 410-778-5187

Housing & Emergency Resources

Mid Shore Roundtable on Homelessness (Continuum of Care)	To provide leadership to improve the availability and delivery of both housing and supportive services to individuals and families who lack permanent, stable and safe housing in the Mid Shore region.	Call Mid Shore Behavioral Health, Inc. 410-770-4801, Jeanine Beasley ext. 303.
Permanent Supportive Housing (Continuum of Care Housing Program and Supportive Housing)	Continuum of Care (CoC) Housing Programs are HUD funded rental subsidies for literally homeless person(s)/families with behavioral health disabilities	Mid Shore Behavioral Health, Inc., 410-770-4801, Jeanine Beasley ext. 303, or Bernard Vervin ext. 319.
Mid Shore Behavioral Health, Inc. Special Needs	Emergency Funding for Behavioral Health Consumers	Mid Shore Behavioral Health, Inc., 410-770-4801
Emergency Shelters		
Salvation Army		Phone:(410) 228-2442
Ridgeway House		Phone: 410-820-7013
Talbot Interfaith Shelter		Phone: 410-690-3120
The Samaritan Group		Phone: 443-480-3564
St. Martians House		Phone: 410-634-2537

Respite

Children's Choice	The respite program serves as a bridge for individuals and their families who are in need of temporary relief from the stress of caring for a child with mental illness.	Phone: 410-643-9290
Community Behavioral Health	Therapeutic Respite Care	Phone: 844-224-5264
Crossroads Community Inc.	Program provides an out-of-home overnight respite as a break for the child and caregiver. Respite is provided in homes licensed by the Department of Social Services or Mentor Maryland throughout the five mid-shore counties.	Phone: 410-778-9200 Fax: 410-778-9622
Mentor Maryland	Therapeutic Foster Care	410-820-4703

Insurance

Kent County Health Department Insurance Enrollment Assistance for the Maryland Health Connection	One-to-one enrollment assistance	Phone: 410-778-7035
Children's Health Dental Program	Preventative dental care to children in school and the community	Bonnie Edwards, RDH Â bonnie.edwards@maryland.gov Phone: 410-778-2318

Mentoring

<p style="text-align: center;">Rising Sons</p>	<p>The purpose of our program is to save a kid, save a kingdom. We want to improve social competence, academic achievement as well as promote good work ethic by providing a positive relationship with a mentor who will work with mentees of the program to help achieve personal success. Also remove all clouds from storms that are current as well as those to come to help the Son shine. Plan is to be a persistent and consistent help to our community's youth and young adult males of all races and nationalities!</p>	<p>Harold Sommerville Phone: 410-699-1689</p>
<p style="text-align: center;">GLOW</p>	<p>Mentoring with the mission to empower girls to learn their worth by not being defined by others; helping them grow up GLOW up!</p>	<p>Application returned to operationglow2019@yahoo.com</p>
<p style="text-align: center;">HOYAS</p>	<p>A 501(c)3 non-profit organization. The mission is to promote academic excellence, positive character development, and civic responsibility among secondary school age youth and young adults in Kent and Queen Anne's counties through mentoring, community activities, leadership seminars, sports, and activism.</p>	<p>John Queen Phone: 443-239-5133</p>
<p style="text-align: center;">Recovery in Motion</p>	<p>1-on-1 peer support is available Monday and Friday by appointment only. Adolescent peer facilitated groups are also offered.</p>	<p>Phone: 410-778-5895</p>

Case Management

Eastern Shore Psychological Services	Psychiatric Case Management; Circle Build to support families of incarcerated caregivers	Phone : 443-282-00102/0104
Community Behavioral Health	Behavioral Health Case Management	Phone: 844-224-5264
Crossroads Community Inc.	Case Management services are provided to assist participants in gaining access to needed medical, mental health, social, educational, and other services.	Phone: 410-778-9200 Fax: 410-778-9622
Maryland Coalition of Families	Care Coordination for Families	Phone: 410-730-8267
Wrap Around Maryland	Care Coordination	Phone: 410-369-3480 Fax: 866-582-2034
Kent County Care Coordination	Care coordinators offer resource management support to individuals with substance related disorders. There are care coordinators in each county health department that can assist with: funding/connection with housing, transportation, employment, etc.	Phone: 443-282-4911

Psychiatric Rehabilitation Program (PRP)

Crossroads Community Inc.	Adult Day Programs, Psychiatric Rehabilitation Program Off-Site, Psychiatric Rehabilitation Program On-Site, Residential Rehabilitation Program, Supported Employment, Transitional Age Youth (TAY) Program, Vocational Education, Youth Development	Phone: 410-778-9200
Eastern Shore Psychological Services	Psychiatric Rehabilitation Program Off-site/On-site	Phone : 443-282-00102/0104
Community Behavioral Health	Psychiatric Day Treatment, Psychiatric Rehabilitation Program Off-Site, Psychiatric Rehabilitation Program On-Site	Phone: 844-224-5264
Project Chesapeake	Psychiatric Rehabilitation Program Off-site & On-site	Phone: 443-448-5070

National Resources

- SAMHSA Disaster Distress Helpline texting TalkWithUS to 66746
 - The Crisis Text Line by texting TALK to 741741
- National Suicide Prevention Lifeline at 1-800-273-TALK