



ALL BREADS ARE WHOLE WHEAT

# NOVEMBER 2022

## Kent County Public Schools Middle School Lunch Menu

CB- Cheeseburger  
CP- Chicken Patty  
SCP- Spicy Chicken Patty  
HD- Hot Dog

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**DUE TO SUPPLY CHAIN ISSUES,  
MENUS MAY VARY.**

**1**  
Meatball Sub  
CB, CP, SCP, HD, PBJ  
Tater Tots  
Corn  
Applesauce  
Fresh Fruit

**2**  
**SYNCHRONOUS  
LEARNING DAY**

**3**  
Chicken Melt  
CB, CP, SCP, HD, PBJ  
French Fries  
Savory Carrots  
Mandarin Oranges  
Fresh Fruit

**4**  
Cheese or Pepperoni Pizza  
CB, CP, SCP, HD, PBJ  
Carrot Sticks w/ Dip  
Garden Salad  
Fruit Cocktail  
Fresh Fruit

**7**  
Popcorn Chicken w/ Roll  
CB, CP, SCP, HD, PBJ  
Baked Beans  
Broccoli  
Diced Peaches  
Fresh Fruit

**8**  
Cowboy Cavatini Pasta  
CB, CP, SCP, HD, PBJ  
Sweet Tater Puffs  
Peas  
Applesauce  
Fresh Fruit

**9**  
Fish Nuggets  
CB, CP, SCP, HD, PBJ  
Caesar Salad  
Spinach  
Pineapple  
Fresh Fruit

**10**  
Turkey & Cheese Sub  
w/ Lettuce, Pickle, Tomatoes  
CB, CP, SCP, HD, PBJ, Tuna  
Green Beans  
Ranch Potato Wedges  
Man. Oranges/ Fresh Fruit

**11**  
Cheese or Pepperoni Pizza  
CB, CP, SPC, HD, PBJ  
Celery Sticks w/ Dip  
Side Salad  
Fruit Cocktail  
Fresh Fruit

**14**  
Chicken Nuggets w/ Roll  
CB, CP, SCP, HD, PBJ  
Peas & Carrots  
Baked Beans  
Diced Peaches  
Fresh Fruit

**15**  
Beef Burrito Grande  
CB, CP, SCP, HD, PBJ  
Spanish Rice  
Corn  
Applesauce  
Fresh Fruit

**16**  
Fish Sandwich w/ Shred Lettuce  
CB, CP, SCP, HD, PBJ  
Caesar Salad  
Broccoli  
Pineapple  
Fresh Fruit

**17**  
Chicken Caesar Wrap  
CB, CP, SCP, HD, PBJ  
Sweet Potato Wedges  
Green Beans  
Mandarin Oranges  
Fresh Fruit

**18**  
Cheese or Pepperoni Pizza  
CB, CP, SCP, HD, PBJ  
Carrot Sticks w/ Hummus  
Side Salad  
Fruit Cocktail  
Fresh Fruit

**21**  
Chicken Tenders w/ Roll  
CB, CP, SCP, HD, PBJ  
Baked Beans  
Peas  
Diced Peaches  
Fresh Fruit

**22**  
Turkey Stuffing Supreme  
CB, CP, SCP, HD, PBJ  
Mashed Potatoes & Gravy  
Green Beans  
Spiced Apples  
Fresh Fruit

**23**  
**THANKSGIVING BREAK  
ALL SCHOOLS &  
OFFICES CLOSED**

**24**  
**THANKSGIVING BREAK  
ALL SCHOOLS &  
OFFICES CLOSED**

**25**  
**THANKSGIVING BREAK  
ALL SCHOOLS &  
OFFICES CLOSED**

**28**  
Popcorn Chicken w/ Roll  
CB, CP, SCP, HD, PBJ  
Baked Beans  
Broccoli  
Diced Peaches  
Fresh Fruit

**29**  
Walking Taco  
w/ Lettuce & Cheese Cup  
CB, CP, SCP, HD, PBJ  
Tater Tots  
Corn  
Applesauce/ Fresh Fruit

**30**  
Fish Nuggets  
CB, CP, SCP, HD, PBJ  
Caesar Salad  
Green Beans  
Pineapple  
Fresh Fruit



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