



LUNCH

ALL BREADS ARE WHOLE WHEAT

# NOVEMBER 2022

## Kent County Public Schools High School Lunch Menu

CB- Cheeseburger  
CP- Chicken Patty  
SCP- Spicy Chicken Patty  
HD- Hot Dog  
PBJ- Peanut Butter & Jelly

Monday

Tuesday

Wednesday

Thursday

Friday

1  
Meatball Sub  
CP, SCP, PBJ  
Tater Tots  
Corn  
Applesauce  
Fresh Fruit

2  
**SYNCHRONOUS  
LEARNING DAY**

3  
Chicken Melt  
CB, SCP, PBJ  
French Fries  
Savory Carrots  
Mandarin Oranges  
Fresh Fruit

4  
Cheese or Pepperoni Pizza  
CB, CP, SCP, HD, PBJ  
Carrot Sticks w/ Dip  
Garden Salad  
Fruit Cocktail  
Fresh Fruit

7  
Popcorn Chicken w/ Roll  
CB, SCP, HD, PBJ  
Baked Beans  
Broccoli  
Diced Peaches  
Fresh Fruit

8  
Cowboy Cavatini Pasta  
CP, SCP, PBJ  
Sweet Tater Puffs  
Peas  
Applesauce  
Fresh Fruit

9  
Fish Nuggets  
CB, CP, SCP, PBJ  
Caesar Salad  
Spinach  
Pineapple  
Fresh Fruit

10  
Turkey & Cheese Sub  
w/ Lettuce, Pickle, Tomatoes  
CB, SCP, PBJ, Tuna  
Green Beans  
Ranch Potato Wedges  
Man. Oranges/ Fresh Fruit

11  
Cheese or Pepperoni Pizza  
CB, CP, SCP, HD, PBJ  
Celery Sticks w/ Dip  
Side Salad  
Fruit Cocktail  
Fresh Fruit

14  
Chicken Nuggets w/ Roll  
CB, SCP, HD, PBJ  
Peas & Carrots  
Baked Beans  
Diced Peaches  
Fresh Fruit

15  
Beef Burrito Grande  
CP, SCP, PBJ  
Spanish Rice  
Corn  
Applesauce  
Fresh Fruit

16  
Fish Sandwich w/ Shred Lettuce  
CB, CP, HD, PBJ  
Caesar Salad  
Broccoli  
Pineapple  
Fresh Fruit

17  
Chicken Caesar Wrap  
CB, SCP, PBJ  
Sweet Potato Wedges  
Green Beans  
Mandarin Oranges  
Fresh Fruit

18  
Cheese or Pepperoni Pizza  
CB, CP, SCP, HD, PBJ  
Carrot Sticks w/ Hummus  
Side Salad  
Fruit Cocktail  
Fresh Fruit

21  
Chicken Tenders w/ Roll  
CB, SCP, HD, PBJ  
Baked Beans  
Peas  
Diced Peaches  
Fresh Fruit

22  
Turkey Stuffing Supreme  
CB, SCP, PBJ  
Mashed Potatoes & Gravy  
Green Beans  
Spiced Apples  
Fresh Fruit

23  
**THANKSGIVING BREAK  
ALL SCHOOLS &  
OFFICES CLOSED**

24  
**THANKSGIVING BREAK  
ALL SCHOOLS &  
OFFICES CLOSED**

25  
**THANKSGIVING BREAK  
ALL SCHOOLS &  
OFFICES CLOSED**

28  
Popcorn Chicken w/ Roll  
CB, SCP, HD, PBJ  
Baked Beans  
Broccoli  
Diced Peaches  
Fresh Fruit

29  
Walking Taco  
w/ Lettuce & Cheese Cup  
CP, SCP, PBJ  
Tater Tots  
Corn  
Applesauce/ Fresh Fruit

30  
Fish Nuggets  
CB, CP, SCP, PBJ  
Caesar Salad  
Green Beans  
Pineapple  
Fresh Fruit

**DUE TO SUPPLY CHAIN ISSUES, MENUS MAY VARY**

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