

Kent County Public Schools

H. R. Newsletter March 2019

Ed Silver— Supervisor of Human Resources
410-778-7135 or esilver@kent.k12.md.us

Jennifer Martin—HR Benefits Specialist
410-778-3644 or jmartin@kent.k12.md.us

Mirelle Kraus — Human Resources Secretary
410-778-7140 or mkraus@kent.k12.md.us

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March 11th is National Pack Your Lunch Day!

It's time to put your best fork forward and take small steps to healthier eating. Eat one more fruit and vegetable every day this month and *march* your way to a healthier diet.

- * Plan a brown bag lunch party with a few of your colleagues
- * Plan an outdoors lunch meeting with healthy packed lunches
- * Plan a nutritious potluck with a few colleagues
- * Encourage your colleagues to pack at least one fruit and vegetable for lunch

For more nutritious information and ideas check out eat-right.org.



CareFirst 

2019 Awards Banquet

April 1, 2019

Chester River Yacht and
Country Club
Tickets \$25

Please RSVP to
Gail Manley
410-778-7113



Dependent Eligibility

Verification Audit

**A dependent audit is starting -
please watch for more infor-
mation coming soon!**

We will be launching a dependent eligibility verification audit in the next few weeks. The audit is part of our efforts to manage health care costs, so that we can continue to provide you and your eligible dependents with quality, affordable health coverage.

If you are enrolled in health coverage through Kent County Public Schools, you are responsible for making sure your dependents are eligible for coverage. You will be receiving more information describing the dependent eligibility audit. Please make sure you read the information carefully and return all requested documents by the deadline to ensure no lapse in coverage for your dependents.

Questions about Benefits?

Course reimbursement? Certification?

[Check out our website!](#)

We are constantly making updates to provide you with the most up-to-date information and forms!