



Kent County Public Schools



# Pre-Kindergarten

Home Learning Materials

May 4, 2020—May 22, 2020



Keep these materials for ongoing learning.

Hello Pre-K Families!

We're happy to provide you with 3 more weeks of activities to enjoy learning with your child (just in case we need an additional week). You will notice that a few things have changed in the packets. The first change is that there is a "must do" on the reading and math choice board each week. These "must do" activities are a way for us to assess and monitor your child's progress on varying Pre-K standards. You'll notice that there are options for you within those "must-do's" to be able to communicate your child's progress.

We have another new feature as we move into "Phase 3" in our KCPS "Continuity of Learning Plan." As we try to find ways to continue to provide direct instruction opportunities, we have added daily Zoom sessions. These began on April 27th. We are here during these sessions to help your students complete the "must do's" as well as to provide direct instruction on important standards to ensure your child is ready for Kindergarten. In addition to attending as many daily Zoom sessions as possible, please set aside a specific time each day for school work. Remember to only spend 15 or 20 minutes a day on your chosen activity!

You will also find an optional choice board created by our Fine Arts Department. Feel free to participate in those activities as well. (Some Fine Arts teachers may be joining us to be guest stars when we do our Zoom meetings!) Please feel free to reach out to your child's fine arts teacher to see how to best submit evidence of completion.

KCPS has purchased "at home learning kits" to be sent directly to your homes. We are excited about the activities included in these kits! However, we are unable to ensure exactly when you will be receiving your kit due to product availability and delays in shipping due to the COVID-19 outbreak. You'll see them referenced in your packets beginning week 7. If you have not received your kit yet, just choose a different activity to complete and save that one for another time after your kit arrives.

Always remember that reading, talking and playing with your child can be GREAT fun and amazing ways to engage them that will help them learn above and beyond these activities. It is very important to talk about what we do in our Zoom meetings after they have finished. They will be extra-engaged.

Please reach out with any questions or concerns. We miss you, we love you and we hope you are all safe and healthy!

Your Pre-K teachers:

April Gagalski and Carole Manley  
Leslie Davis, Catherine Durham and  
Laura Morrone  
Melissa Cannon and Amanda Best

## Week 6 Pre-K Reading

Please choose the “must do” activity and 1 other activity from the chart below to complete this week. .

<p><b>Letters *Must do*</b></p> <p><b>Get on a Zoom meeting with your teachers and identify the letter cards that are held up.</b></p> <p><b>OR:</b></p> <p><b>Record yourself doing the same activity with the letter cards provided and someone in your house holding them up.</b></p> <p><b>OR:</b></p> <p><b>Write down which letters your student can identify (uppercase and lowercase).</b></p> <p><b>Email to teacher.</b></p>	<p><b>Writing</b></p> <p>Help a family member write a grocery list: use letter sounds and/or pictures.</p>	<p><b>Book Reading</b></p> <p>Choose one of your child's favorite stories. Following the story ask your child what happened first, next, and last.</p> <p>Talk about where the story took place, the main characters and what was their favorite part of the story.</p>
<p><b>Sounds</b></p> <p><b>Stand up, Sit down:</b></p> <p>Sit down. Take turns with your child choosing an alphabet card and calling out the letter, then have them jump up and say the sound that letter makes at the beginning of words. Or make it more challenging by saying a word that begins with that letter.</p>	<p><b>Rhyming</b></p> <p>Choose 3 words and have your child identify the two words that rhyme.</p> <p>Ex. cat, shoe, hat book, look, rug frog, hit, sit</p> <p>Come up with your own combination of words.</p>	<p><b>Syllables</b></p> <p>Walk outside with your child. Please discuss the signs of spring as you did before in your other packets. Identify one item that you see and talk about how many word parts (claps) that are in that word. See if you can find a sign that has one clap, two claps, three claps, etc.</p>

## Week 7 Pre-K Reading

Please choose the “must do” activity and 1 other activity from the chart below to complete this week.

<p><b>Letters</b></p> <p>Alphabet Roll: Roll a ball back and forth between each other, calling out letters in order. Ball holder calls out A and rolls it to the next player who picks it up and says B, etc. See how far you can get through the alphabet before you miss a letter.</p>	<p><b>Writing</b></p> <p><b>(Choose this only if you have received your at home kit)</b> In the All Ready for Kindergarten Readiness Kit: Parent Guide, go to the Writing activity on page 16. Complete this activity at your child’s level (Ready, Set, or Go). <b>(If you have not received your at-home kit)</b></p> <p>Have your child practice writing his/her name</p>	<p><b>Book Reading</b></p> <p>Go to “Read Along With Michelle Obama” on YouTube. Listen to her read <u>The Gruffalo</u>. Draw a picture of what you think a Gruffalo looks like!</p> <p>Michelle Obama reads live to the children every Monday at 12noon.</p>
<p><b>Sounds      *Must Do</b></p> <p><b>Get into a Zoom meeting with your teacher and make the sound of the letter that is held up.</b></p> <p><b>-OR-</b></p> <p><b>Record your student making the sounds of the letters you are holding up</b></p> <p><b>-OR-</b></p> <p><b>Keep track of how many letter sounds your student knows and email the teacher.</b></p>	<p><b>Rhyming</b></p> <p>Act out this poem and name the rhyming pairs in it.</p> <p>“Quack!, Quack!, Quack!”</p> <p>First comes the daddy with his great big feet. (stamp feet)</p> <p>Next comes the mommy with her feathers so neat. (pat hair)</p> <p>Then come the babies all in a row. (walk with hands waving behind back)</p> <p>Waddle, waddle, waddle, there they go! (stand and shake your body)</p>	<p><b>Syllables</b></p> <p>Clap out syllables:</p> <p>Dog (one clap)</p> <p>Pur-ple (2 claps)</p> <p>Po-ta-to (3 claps)</p> <p>Have your child clap out objects they find around the home.</p> <p>Ex. food boxes, mail etc.</p>

## Week 8 Pre-K Reading

Please choose the “must do” activity and 1 other activity from the chart below to complete this week.

Letters	Word Work <b>*Must Do*</b>	Book Reading
<p>Make a letter or a word collage.</p> <p>Get a store ad or magazine.</p> <p>Your child can cut out the letters. Randomly glue the letters all over the page. They can glue the matching letters next to each other.</p>	<p><b>In your Zoom meeting with your teacher, read the words from the flash cards your teacher is holding up.</b></p> <p><b>-OR-</b></p> <p><b>Record your child choosing his/her name out of a list of family names and send it to the teacher.</b></p> <p><b>-OR-</b></p> <p><b>Document the words that appear in your house (names of familiar items) that your student is able to read and send to your teacher.</b></p> <p><b>(Example: Food items, cartoon titles, on/off, toy names, book titles).</b></p>	<p>Go to “Goodnight with Dolly” on YouTube. Each week she reads another book. So far you can listen to <u>The Little Engine That Could</u> and <u>Coat Of Many Colors</u>.</p> <p>Dolly Parton reads live to the children every Thursday at 8pm.</p>
<p><b>Sounds:</b></p> <p>The letter-sound connection is one of the first steps to reading.</p> <p>Play a guessing game about your child’s favorite words. What letter does “p-p-p-pirate” start with? How about “M-m-mommy”? Once your child names one correctly, try to come up with other words together that start with the same letter.</p>	<p><b>Rhyming: (Choose only if you have received your at-home kit)</b></p> <p>In the All Ready for Kindergarten Readiness Kit: Parent Guide, go to the Rhyming activity on page 14. Complete this activity at your child’s level (Ready, Set, or Go).</p>	<p><b>Syllables</b></p> <p>Have your child clap out the names of different foods.</p> <p>Choose names of foods with one, two or three syllables.</p> <p>Ex. meat (1 syllable)</p> <p style="padding-left: 40px;">cookie (2 syllables)</p> <p style="padding-left: 40px;">marshmallow (3 syllables)</p>

## Week 6 Pre-K Math

Please choose the “must do” activity and 1 other activity from the chart below to complete this week.

<p><b>Sorting:</b></p> <p>Sort laundry by color or clothing category. Count the number of items in each pile. Which pile has more or fewer items?</p>	<p><b>Counting: *Must Do*</b></p> <p><b>Get in a zoom meeting with your teacher and count as high as you can.</b></p> <p>Or</p> <p><b>Record your child counting as high as they can. Send it to your teacher.</b></p> <p>Or</p> <p><b>Have your child count as high as they can. Write down how high and email it to your teacher.</b></p>	<p><b>Number Recognition:</b></p> <p>Use the flash cards from the first packet (0-10). Hide the cards around the house.</p> <p>Find the numbers 0-10 in your house. When you find the number, jump that number of times.</p>
<p><b>Shapes:</b></p> <p>Talk about shapes with your child (square, triangle, circle, and rectangle). Then have them draw each shape. They can draw with crayons, a pencil, sidewalk chalk, paintbrush with water, their finger on the table, etc. Talk about how many sides it has, if it has straight lines or curved lines.</p>	<p><b>Number Writing:</b></p> <p>Make numbers with playdoh. First roll the playdoh into rolls (snakes). Use the rolls to form numbers. Trace the playdoh number with your finger.</p>	<p><b>Measuring:</b></p> <p>3-Ingredient Sugar Cookies: Have your child help measure the ingredients and talk about the different measurements.</p> <p>Ingredients: 1 stick plus 2 TBSP salted butter 1/3 cup granulated sugar 1 cup all-purpose flour Sprinkles (optional)</p> <p>Direction: Preheat the oven to 325 degrees. In a large bowl using a hand mixer, beat butter and sugar together until light and fluffy, then stir in flour. Form the cookies into 1 inch balls, placing them about 2 inches apart on a baking sheet. Flatten into a disc shape and top with sprinkles. (I used the bottom of a glass to flatten them.) Bake for 15 to 17 minutes, or until the edges of the cookies are lightly golden. Easy and delicious!!</p>

## Week 7 Pre-K Math

Please choose the “must do” activity and 1 other activity from the chart below to complete this week.

<p><b>Sorting:</b></p> <p>Please see the counting *must do* for this week.</p>	<p><b>Counting: *Must Do*</b> <b>Get on your Zoom meeting with your teacher. Using your counting bugs, sort them (color/type) and tell your teacher how many bugs are in each category</b></p> <p><b>Record your child sorting their counting bugs and counting how many there are in each category.</b></p> <p><b>Have your child sort and count the bugs and email your teacher how they sorted (color/type) and how many they counted in each group.</b></p>	<p><b>Number Recognition:</b></p> <p>HOPSCOTCH with numbers.</p> <p>Make a hopscotch board outside in your driveway or on the sidewalk using chalk. As your child hops on the numbers have him or her shout out the number they are hopping on. Start with numbers 0-10. If your child is ready to be challenged, change numbers to 11-20 or higher.</p>
<p><b>Shapes:</b></p> <p>Go on a shape hunt inside your house. Talk about the shapes. Feel and count the sides and/or corners.</p>	<p><b>Number Writing:</b></p> <p>Have your child practice writing numbers 0-10. Remember to write from top to bottom, left to right.</p> <p>Challenge yourself and write numbers 11-20 or higher.</p>	<p><b>Measuring:</b></p> <p>Homemade Ice Cream in A Bag</p> <ul style="list-style-type: none"><li>4oz each of milk and cream</li><li>4TSP of sugar</li><li>Lots of ice</li><li>Half cup of salt</li><li>1 small ziplock bag</li><li>1 lrg ziplock bag</li></ul> <p>In the small bag add milk, cream, vanilla and sugar. Seal the bag and shake for a few minutes to mix the ingredients. In the large bag add ice and salt. Put the small bag inside the large bag. Seal the large bag and shake until the ice cream is formed.</p> <p>Enjoy!</p>

## Week 8 Pre-K Math

Please choose the “must do” activity and 1 other activity from the chart below to complete this week.

<p><b>Sorting:</b></p> <p><b>(Only if you have the kit)</b> From the Readiness kit, use the critter counters, Gator Grabber, and Activity book page 4.</p> <p>Have your child sort the critters in the leaves using the Gator Grabber. When they are done, ask them how they sorted (by color, critter, number of legs, wings or no wings, etc) Then ask them to do it again and sort a different way.</p> <p><b>(If you don't have it yet)</b> Have your child sort toys. After they have sorted, ask them to tell you how they sorted. Have them sort a different way.</p>	<p><b>Subitizing: *Must Do*</b></p> <p><b>Get on your Zoom meeting with your teacher. Using pieces of paper or white board and markers, have your child practice naming the arrangement of dots (subitize) as on dice. Pre-k students only subitize up to 5.</b></p> <p><b>Record your child subitizing the arrangements of dots on paper. As your child becomes more adept at naming the numbers, change the arrangements. Such as, instead of a 5 looking like a dot in each corner and one in the middle, challenge them by representing 5 as three dots across the middle and two on the bottom.</b></p> <p><b>Communicate to your child's teacher how he/she did on the subitizing activity.</b></p>	<p><b>Number Recognition:</b></p> <p>Use the number cube from the Readiness Kit (or dice if you don't have the kit yet) and the number flashcards.</p> <p>Lay out the number cards on the table. Take turns rolling the number cube, saying the number, and finding the matching flashcard.</p> <p>For a challenge, after you roll the number cube, find the number that comes after or before the number you rolled.</p>
<p><b>Shapes:</b></p> <p><b>(Only if you have the kit)</b> In the All Ready for Kindergarten Readiness Kit: Parent Guide, go to the Shapes activity on page 21. Complete this activity at your child's level (Ready, Set, or Go).</p> <p><b>(If you don't have it yet)</b> Make shapes with playdough. First roll the playdough into rolls (snakes). Use the rolls to form shapes. Trace the playdough shape with your finger.</p>	<p><b>Number Writing:</b></p> <p>Practice tracing the numbers from 1-10 in shaving cream, sand, or anything like that with your finger, a popsicle stick or a small stick from outside. If you are ready, write them up to 20!</p>	<p><b>Measuring:</b></p> <p>Trace your foot on a piece of paper. Use little blocks, or pennies, etc. to measure your foot and see how long it is. Then try measuring your hand, your arm or even your whole body! You could even measure your mom or dad!</p>

## Week 6 Pre-K Other Activities

Please choose 1 activity from the chart below:

<p>Can you make a boat that can hold 5 pennies? 10 pennies? More than 10?</p> <p>Using aluminum foil, create a boat. Fill up a bin of water and place your boat in it. Does your boat float? If not, make some corrections. Once your boat floats, start adding your pennies in slowly. See how many it can hold before it sinks!</p>	<p>Draw a picture of your bedroom. Add as many details as you can. Can you label any of the items in your room?</p>	<p>Take a walk around your yard. Can you lift up any rocks? Do you see any bugs? Draw a picture of the bugs that you see.</p>
<p>Take a virtual field trip. What animals do you see?</p> <p><a href="https://www.montereybayaquarium.org/animals/live-cams">https://www.montereybayaquarium.org/animals/live-cams</a></p>	<p>Practice learning your address and phone number!</p>	<p>Practice taking turns! Play your favorite board game. If you win, say "good game." If you lose, say "congratulations" to your opponent.</p>

## Week 7 Pre-K Other Activities

Please choose 1 activity from the chart below:

<p>Pretend you're going on a trip somewhere (either real or imaginary)! What are you going to pack? How will you get there? Use a chair or bed or the couch for pretend transportation. When you get there, what do you see? What kind of food do they have? What other people, animals, or things will you discover?</p>	<p><b>(Choose this activity only if you have received your at-home learning kit)</b></p> <p>In the All Ready for Kindergarten Readiness Kit: Parent Guide, go to the Following Verbal Directions activity on page 18. Complete this activity at your child's level (Ready, Set, or Go).</p>	<p>Fine Motor: <b>(Choose this activity only if you have received your at-home learning kit)</b></p> <p>Use the Lacing Letters and Lace from the Readiness Kit. Have your child put the letter beads on the lace. They can spell their name, sort by color, match upper and lowercase letters, or just lace them on!</p> <p><b>(If you don't have it yet)</b></p> <p>Lace some beads, noodles, or cereal, on a string.</p>
<p>Take a virtual field trip to MARS!! Would you like to visit?</p> <p><a href="https://accessmars.withgoogle.com/">https://accessmars.withgoogle.com/</a></p>	<p>Sprinkle salt, flour or oatmeal onto a cookie sheet. Have your child use their finger to make letters, shapes, lines and/or numbers. Shake the tray to erase.</p>	<p>Fine Motor:</p> <p>Have your child write or color with a variety of objects such as: broken crayons, short colored pencils or thin markers.</p>

## Week 8 Pre-K Other Activities

Please choose 1 activity from the chart below:

<p>Tongue Exercises:          YUK-Stretch your tongue out as far as you can.          GO UP TO THE ATTIC- Touch your tongue to the roof of your mouth          GO DOWN TO THE BASEMENT-Put your tongue as low in your mouth as you can go          IN-OUT-Fast, fast stick your tongue in and out of your mouth. Slow, slow, give your tongue a rest and do it as slow as you can.          AROUND THE BLOCK-Stretch your tongue out as far as you can. Then go all around your lips.</p>	<p>Fine Motor:          String beads, noodles, or cereal using a pipe cleaner or yarn. The children may want to make different patterns as they do this.</p>	<p>Fine Motor:  <b>(Choose this activity only if you have received your at-home learning kit)</b>          In the All Ready for Kindergarten Readiness Kit: Parent Guide, go to the Fine Motor Skills activity on page 8.. Complete this activity at your child's level (Ready, Set, or Go).</p>
<p>Take a virtual field trip to the farm!  <a href="https://www.farmfood360.ca/?mod=article_inline">https://www.farmfood360.ca/?mod=article_inline</a></p>	<p>Put on a concert!          Dress up and perform your favorite songs. What costumes will you wear? What dances or movements will you do? What can you use as a microphone? Where will your stage be? Who else can perform with you? Who will be the audience?</p>	<p>Go to YouTube and watch some science animated stories about "PEEP and the Big Wide World." These stories are on all topics like bridge building, growing seeds, shadows, color mixing... The children really love them.</p>

# PREK-5TH ART CHOICE BOARD

Choose one Art assignment from the choices below to complete each week.

Be creative and have fun! Please submit in Google Classroom or by email.

Contact Mrs. Boumiea (HHGES/GALES) email [aboumiea@kent.k12.md.us](mailto:aboumiea@kent.k12.md.us)

Mrs. Jetton (RHES/GALES) email [tjetton@kent.k12.md.us](mailto:tjetton@kent.k12.md.us)

Questions for us? Our Office Hours are 8:45 - 4 PM everyday by email OR visit us on Zoom:

PreK-2nd Grade every Tuesday from 10-11 AM, 3rd-5th Grade every Thursday from 10-11 AM

Zoom links are posted in the Grade level Google Classrooms and through email requests.

## Let's talk about Shadows!

*What is a shadow?*

A shadow is a dark shape that is created on a surface when an object blocks light. Take a look at this:

<https://www.youtube.com/watch?v=IOIGOT88Aqc>

Belgian artist, **Vincent Bal**, uses shadows from everyday objects to complete his drawings. View this video of him explaining how he creates his "Shadowology" artwork:

<https://youtu.be/NlnkH0ukCOI>

More examples of his art: <https://youtu.be/b-R-ZHTRksI>



Now we can try some fun shadow art ourselves!

First, decide if you want to make shadow art by using objects and tracing them (#1)

OR

a more challenging "Shadowology" art piece like artist Vincent Bal creates (#2).



Find something that creates a fun shadow (a toy, piece of furniture, something in nature or a person). Use a natural light source (the sun) or angle a lamp to emphasize the shadows of the object to draw.

Think about these questions before starting:

-->What kind of paper do I want to use? Plain, colored, etc.

-->How should my object and paper be positioned to make an interesting shadow with my light source?

-->Do I want to capture the whole shadow or part of my object's shadow on my paper?

Using paper and a pencil, either **trace the shadow your object creates** (if completing #1) **OR add the details of your drawing around the shadow** (if completing #2).

When finished, take a picture of your drawing with the object included. Then, add color or details. Take another picture of your drawing and compare. *Which do you like better (with or without color)? Why?*

*Alternative material: use chalk or water on your sidewalk instead of paper (this works better with larger objects).*

Share your shadow pictures with your art teacher!

Choose **ONE** of the following

## Drawing Prompts to complete.

***Be creative and make it your own idea!***

Use the entire piece of paper and include a background. Start with pencil and then color your drawing using a medium of your choice (crayons, colored pencil, markers, etc.). Refer back to the video posted in Google Classroom about Art Supplies to get more unconventional ideas for supplies.

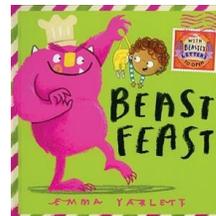
**-A map with hidden treasure**

**-Something special to you**

**-Illustrate a scene from a favorite book**

Be descriptive in what you include by drawing lots of details from the story.

Here is Mrs. Boumiea's sample drawing from Benjamin, her 5 year old's favorite book, **Beast Feast!**



Mrs. Boumiea will be adding color to her drawing during the Art Zoom Office Hours.

Be sure to share your picture and the story behind your artwork with a sibling or adult.

**Send a picture to your art teacher!**

## Word On The Street: Inspiring Our Community Through Art



**Street art** is art created on surfaces in public places. It is usually created as a way to convey messages to a large group of people. The murals (a painting on a wall) above are examples of famous street art pieces. Most of Mrs. Boumiea's classes have discussed murals.

Check out this video to learn about **Street Artists** including images from Banksy, Jason Naylor, Andrea Von Bujdoss, Shepard Fairey, Lakwena Maciver, and Eduardo Kobra: <https://www.youtube.com/mcVR0lvZ4r4>

### Create a Positive Artwork to Share

There are ideas below and examples in the video. **Think and plan** What positive message do I want to use? What is an image or simple word that would quickly get my message across to others? What materials do I have?

#### Ideas:

- Sidewalk or Fence Chalk Message
- Poster or Banner
- Cardboard Sign
- Window Art (painted or paper)
- Nature Message
- Painted Rocks
- Flag posted in your yard
- OR your own idea

**\*\*Be sure to ask your parents for permission and decide on a good spot to create or display your art.\*\***  
**SHARE** your positive artwork with others.

Don't forget to take a picture for your art teacher!

## Let's make a guitar !

These are the materials you will need: a cereal box, a pen, a glass or something circular to trace, scissors, tape, 2 or more rubber bands and your parents will need a knife.



*\*\*The cutting is a little tricky.\*\**

*Please watch this video with a*

*family member before starting and have your parents or an older sibling help you:*

[https://www.youtube.com/watch?v=dr4oDIMbi\\_E&t=22s](https://www.youtube.com/watch?v=dr4oDIMbi_E&t=22s)



### Decorate your guitar

*Be imaginative and make it personal!*

*Prepare to show your guitar to family and friends and be able to explain how you made it.*

*You can show it off at your class zoom meetings!*

*Don't forget to send a picture of your guitar to your art teacher.*

EXTENSION: CAN YOU MAKE A SONG TO PLAY ON YOUR GUITAR ABOUT YOUR EXPERIENCE STAYING HOME DURING THIS PANDEMIC? WHAT WOULD YOU SING ABOUT TO MAKE PEOPLE FEEL BETTER? WHAT WOULD YOU JOKE ABOUT? SEND A VIDEO TO YOUR TEACHERS.

Tune in to the Art Zoom Office Hours to see Mrs. Jetton's finished blue guitar.



# Music - PK-Gr. 2 - Earth Day

Be creative and have fun! Any questions?/Want to share?

Contact Mrs. Frison (HHGES/RHES) email - [kfrison@kent.k12.md.us](mailto:kfrison@kent.k12.md.us)

Mr. Thai (GALES/RHES) email - [cthais@kent.k12.md.us](mailto:cthais@kent.k12.md.us)

Mrs. Frison's office hours are 8:45AM - 4:05PM Monday - Friday

Mr. Thai's office hours are 8:45AM - 4:05PM Monday - Friday

## Week 6 - 5/4/2020

Earth Day is celebrated on April 22nd of every year. It reminds us to love and take care of the earth. We should also care about all of the earth's animals and resources.

1. Watch "Earth Day Celebration Around the World!" or research the term "Go Green."

<https://www.youtube.com/watch?v=Kz1YnhCxaso>

2. What does "Go Green" mean?

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3. Watch the following song (or read the lyrics on the back) then answer the question.

"Earth Is Our Home" <https://www.youtube.com/watch?v=gLAp30NQ0E0>

4. What are 3 or more animals or habitats (the natural homes of animals, plants, or other organisms) of the earth mentioned in the song? Write one animal **or** habitat on each line below.

- a. \_\_\_\_\_
- b. \_\_\_\_\_
- c. \_\_\_\_\_

5. **Watch** the following song. **List** the words for the 3Rs and something you can do for each R.

"Going Green Song" <https://www.youtube.com/watch?v=TDL3xOEjAe8>

R \_\_\_\_\_

R \_\_\_\_\_

R \_\_\_\_\_

6. **Write** a sentence **or draw** a picture of one thing you will do to help take care of the earth or its resources? **Label** your picture.

## Earth Is Our Home

Earth is our home, what a beautiful home.  
We love our beautiful home.  
Earth is our home and wherever we roam,  
We know Earth is our home.

Flowers grow tall, insects so small,  
We love our beautiful home.  
Songbirds that sing, fit for a king,  
We know Earth is our home.

Oceans so blue, oh what a view,  
We love our beautiful home.  
Trees touch the sky, clouds float on by,  
We know Earth is our home.

Earth is our home, what a beautiful home.  
We love our beautiful home.  
Earth is our home and wherever we roam,  
We know Earth is our home.

Ice on the sea with a walrus or three,  
We love our beautiful home.  
Deserts so dry, weeds tumble by,  
We know Earth is our home.

Snow on the ground, hush not a sound,  
We love our beautiful home.  
Rivers so wide with turtles inside,  
We know Earth is our home.

Earth is our home, what a beautiful home.  
We love our beautiful home.  
Earth is our home and wherever we roam,  
We know Earth is our home.  
We know Earth is our home.

## Going Green Song

I turn the faucet off when I am brushing my teeth  
I turn the lights off when I am going to sleep  
I use cold water to wash laundry

I do all that I can to save energy

Reduce, Reuse, Recycle

I'm going green, I'm keeping the Earth clean  
I'm going green, I'm keepin' it, keepin' it clean

I reuse rechargeable batteries again and again  
I shop at the thrift store to find a great bargain  
I take my bottles and cans and recycle them  
We'll make a better world if we all join hands

Reduce, Reuse, Recycle

I'm going green, I'm keeping the Earth clean  
I'm going green, I'm keepin' it, keepin' it clean

Reduce energy, water and waste  
Reuse what I can before I throw it away  
Recycle CD's and DVD's  
Newspaper, Junk Mail and Magazines  
Cell Phones, Cardboard and Old Machines  
I'm going green, would you go with me

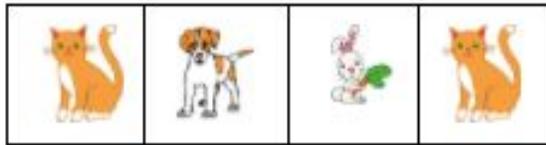
# Music - PK-Gr. 2 - Earth Day

Week 7 - 5/11/2020

In your class, you have worked with patterns. Figure out these patterns. What is the next item in each pattern?

1, 2, 3, 4, \_\_\_    2, 4, 6, 8, \_\_\_    CAT, DOG, CAT, DOG, CAT, \_\_\_\_\_ If your answers were "5, 10 and DOG" you are correct! Now, say the whole CAT, DOG pattern using letters instead of words. CAT = A and DOG = B (The pattern would be A B A B A B.)

A song or piece of music can have parts. How the parts are put in order can ALSO make patterns. In music, these patterns are called "**FORM**." Each picture in the boxes below stands for a part or section of a song. Figure out the form (pattern) by **writing** the correct letter **below** the box. **Hint: Always start with the letter "A."** If the next picture is **different**, use the **next** letter of the alphabet. If any pictures are the same make sure they have the same letter. The first one is done for you.



A

B

C

A = ABCA Form



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

= \_\_\_\_\_ Form



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

= \_\_\_\_\_ Form

Sing the first verse of Hot Cross Buns. <https://www.youtube.com/watch?v=QMT0R0Ghz6M>

Each box stands for one line of the song. Write the form for the four lines of Hot Cross Buns. (Like above examples)

Hot cross buns, Hot cross buns, One a penny, two a penny, Hot cross buns



\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

= \_\_\_\_\_ Form

Sing along and perform the motions for this spring song in AB Form.

"Hop, Chirp, Quack, Moo, Happy Springtime Day" <https://www.youtube.com/watch?v=a59IMQil70w>

What 3 words start the B section in the first verse? \_\_\_\_\_

# Music - PK-Gr. 2 - Earth Day

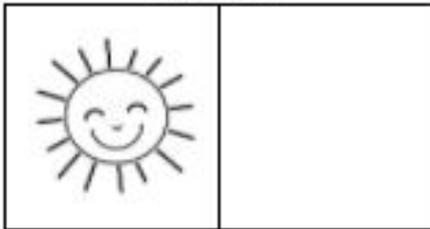
Week 8 - 5/18/2020

Last week, you were introduced to FORM in music. We discovered that the form of a song or piece of music depends on the order of the parts/sections of the song. This week, we will be applying what was learned. Remember, boxes that have the same letter **within one form** must be exactly the same picture. If the letters are different, the pictures must be different. **Color each picture in the "A" boxes.** You will **create and color** one picture in each remaining box to represent the letters for the forms that are listed below. Here are two examples to remind you:

ABCD Form =   
(Different letters = Different Pictures)

AABBAACC Form =   
(Same letters = Same pictures)

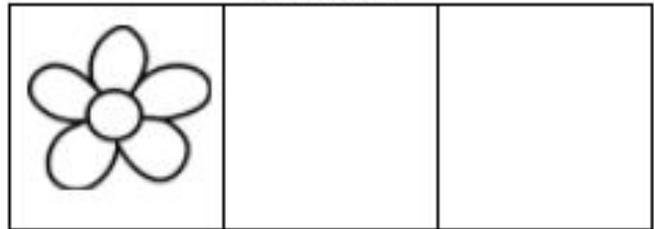
AB Form



A

B

ABA Form



A

B

A

ABACA (Rondo) Form



A

B

A

C

A

Show your form another way. Create a movement or sound for A, B, and C. Perform each form using your movements or sounds.

# PreK - 5<sup>th</sup> PE/Health Choice Board

May 4 - May 22

Choose (1) PE activity and (1) Health activity per week from the choices below to be completed April 20<sup>th</sup> - May 1<sup>st</sup>.  
Each activity can only be chosen once.

Be creative & have fun! Questions? Want to share a challenge? Contact your teacher:

Mr. Williams (HHGES): [dbwilliams@kent.k12.md.us](mailto:dbwilliams@kent.k12.md.us)

Mr. Walters (RHES): [wwalters@kent.k12.md.us](mailto:wwalters@kent.k12.md.us)

Mr. Pritzlaff (GALES): [rpritzlaff@kent.k12.md.us](mailto:rpritzlaff@kent.k12.md.us)

Our office hours are 8:00am - 3:30pm every day.

PHYSICAL EDUCATION		HEALTH																																																																																																													
<p align="center"><b>What's Your Name?</b></p> <p>Spell out your full name and complete the activity listed for each letter. For a greater challenge, include your middle name and do each activity twice! For a variety you can use a favorite character's name or a family member's name.</p> <table border="1"> <tr> <td><b>A</b></td> <td>Jump up &amp; down 10 times</td> <td><b>H</b></td> <td>Pick up a ball without using your hands</td> </tr> <tr> <td><b>B</b></td> <td>Spin around in a circle 5 times</td> <td><b>O</b></td> <td>Walk backwards 50 steps and skip back</td> </tr> <tr> <td><b>C</b></td> <td>Hop on one foot 5 times</td> <td><b>P</b></td> <td>Walk sideways 20 steps and hop back</td> </tr> <tr> <td><b>D</b></td> <td>Run to the nearest door and run back</td> <td><b>G</b></td> <td>Crawl like a crab for a count of 10</td> </tr> <tr> <td><b>E</b></td> <td>Walk like a bear for a count of 5</td> <td><b>R</b></td> <td>Walk like a bear for a count of 5</td> </tr> <tr> <td><b>F</b></td> <td>Do 3 cartwheels</td> <td><b>S</b></td> <td>Bend down and touch your toes 20 times</td> </tr> <tr> <td><b>G</b></td> <td>Do 10 jumping jacks</td> <td><b>T</b></td> <td>Pretend to pedal a bike with your hands for a count of 17</td> </tr> <tr> <td><b>H</b></td> <td>Hop like a frog 8 times</td> <td><b>U</b></td> <td>Roll a ball using only your head</td> </tr> <tr> <td><b>I</b></td> <td>Balance on your left foot for a count of 10</td> <td><b>V</b></td> <td>Flap your arms like a bird 25 times</td> </tr> <tr> <td><b>J</b></td> <td>Balance on your right foot for a count of 10</td> <td><b>W</b></td> <td>Pretend to ride a horse for a count of 15</td> </tr> <tr> <td><b>K</b></td> <td>March like a toy soldier for a count of 12</td> <td><b>X</b></td> <td>Try and touch the clouds for a count to 15</td> </tr> <tr> <td><b>L</b></td> <td>Pretend to jump rope for a count of 20</td> <td><b>Y</b></td> <td>Walk on your knees for a count of 10</td> </tr> <tr> <td><b>M</b></td> <td>Do 3 somersaults</td> <td><b>Z</b></td> <td>Do 10 push ups</td> </tr> </table>		<b>A</b>	Jump up & down 10 times	<b>H</b>	Pick up a ball without using your hands	<b>B</b>	Spin around in a circle 5 times	<b>O</b>	Walk backwards 50 steps and skip back	<b>C</b>	Hop on one foot 5 times	<b>P</b>	Walk sideways 20 steps and hop back	<b>D</b>	Run to the nearest door and run back	<b>G</b>	Crawl like a crab for a count of 10	<b>E</b>	Walk like a bear for a count of 5	<b>R</b>	Walk like a bear for a count of 5	<b>F</b>	Do 3 cartwheels	<b>S</b>	Bend down and touch your toes 20 times	<b>G</b>	Do 10 jumping jacks	<b>T</b>	Pretend to pedal a bike with your hands for a count of 17	<b>H</b>	Hop like a frog 8 times	<b>U</b>	Roll a ball using only your head	<b>I</b>	Balance on your left foot for a count of 10	<b>V</b>	Flap your arms like a bird 25 times	<b>J</b>	Balance on your right foot for a count of 10	<b>W</b>	Pretend to ride a horse for a count of 15	<b>K</b>	March like a toy soldier for a count of 12	<b>X</b>	Try and touch the clouds for a count to 15	<b>L</b>	Pretend to jump rope for a count of 20	<b>Y</b>	Walk on your knees for a count of 10	<b>M</b>	Do 3 somersaults	<b>Z</b>	Do 10 push ups	<p align="center"><b>My Healthy Habits Chart</b> Keep a record of your healthy habits.</p> <table border="1"> <tr> <td>Healthy Habits</td> <td>✓</td> <td>✓</td> <td>✓</td> <td>✓</td> <td>✓</td> <td>✓</td> <td>✓</td> </tr> <tr> <td> I wash my hands</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td> I brush my teeth</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td> I eat healthy foods</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td> I exercise</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td> I bathe daily</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td> I see the doctor</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </table> <p align="center">Ask your child why each of these healthy habits is important.</p>		Healthy Habits	✓	✓	✓	✓	✓	✓	✓	I wash my hands								I brush my teeth								I eat healthy foods								I exercise								I bathe daily								I see the doctor							
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# PreK - 5<sup>th</sup> PE/Health Choice Board

## May 4 - May 22

	<b>GORILLA SHUFFLE</b> In a low sumo squat, use your hands to balance and shuffle around the room
	<b>STARFISH JUMPS</b> Jump up and down spreading your arms and legs wide (Jumping jacks)
	<b>CHEETAH RUN</b> Run in place as fast as you can just like the fastest animal in the Sahara
	<b>CRAB WALK</b> Sitting down, place your palms on the ground behind you. Lift your hips and crawl on your hands and feet.
	<b>ELEPHANT STOMPS</b> March in place stomping your feet as hard as you can.

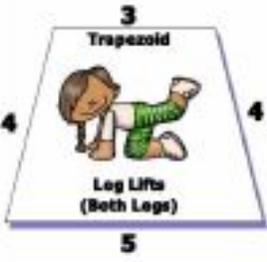
Carbohydrate (C)	Protein (P)	Fruit (F)
Cereal	Eggs	Banana
Toast	Cooked Beans	Fruit Smoothie
Crackers	Togurt	Apple Slices
Pasta	Milk	Apple Slices
Waffles	Pancake Syrup	Milkshake
English Muffin	Collage Cheese	Strawberry
Bagel	String Cheese	Fruit
French Fries	French Fries	Pineapple
Rice Cakes	Hot Butter	Orange
Bean Muffin	Almond Butter	Cantaloupe
French Toast	Yogurt	Apple
SOB	Milk	Carrots
Fruits and vegetables	Turkey Bacon	Kiwifruit Slices
Oatmeal	Oatmeal	Oatmeal

Directions: For a complete, nutritious breakfast, choose one item from each row above (1 carbohydrate + 1 protein + 1 fruit). List the chosen items on your calendar each day.

### PHYSICAL EDUCATION

## PERIMETER FITNESS

Directions: Add up the perimeter of each shape to find out how many of each exercise to perform.

 <p><b>Star</b> Squats</p>	 <p><b>Trapezoid</b> Log Lifts (Both Legs)</p>
 <p><b>Square</b> Thigh Stretch (Both Legs)</p>	 <p><b>Decagon</b> Press Ups</p>

### HEALTH

#### Mindful Senses



What do you notice around you?

- Find:
- 5 things you **see**
  - 4 things you **feel**
  - 3 things you **hear**
  - 2 things **smell**
  - 1 thing you **taste**

Write them down or draw a picture of each in your daily health journal.

# PreK - 5<sup>th</sup> PE/Health Choice Board

May 4 - May 22

## PHYSICAL EDUCATION

**COIN FACE FITNESS**  
 Directions: Add up the coins to find out how many of each exercise to perform.

  <b>Thigh Stretch</b> (Both Legs in Seconds)	  <b>Sit-ups</b>
  <b>Squats</b>	  <b>Jump Forward</b>

## HEALTH

### Before Bed Breathing

While lying in bed, place your hands on your stomach and pay attention to the up and down of your belly as you breathe.



## PHYSICAL EDUCATION

**Domino Fitness**  
 Directions: count the number of dots on the dominos to find out how many of each exercise to perform.

	 <b>SQUATS</b>
	 <b>JUMPING JACKS</b>

## HEALTH

### Be Safe!

Talk with a family member about actions to take in unsafe situations.



# PreK - 5<sup>th</sup> PE/Health Choice Board

## May 4 - May 22

<u>PHYSICAL EDUCATION</u>		<u>HEALTH</u>
<b>Fraction Fitness</b>		<u>Water Wellness</u>
Directions: Complete each exercise the indicated number of times based on the fraction of each number given.		
$\frac{1}{4}$ of 40	<b>Planks</b> 	Drinking water has many benefits. Try to drink more water during the day. Set a goal and track how much water you drink during a day for a whole week.
$\frac{1}{4}$ of 20	<b>Push Ups</b> 	<a href="https://www.youtube.com/watch?v=QrzRJM880kg">https://www.youtube.com/watch?v=QrzRJM880kg</a>
$\frac{1}{4}$ of 50	<b>Sit ups</b> 	