

All Breads, Breading & Pasta are Whole Grain. Lunch Prices are \$0.40 for Reduced lunch and \$2.75 for Paid: (Still a fantastic deal)
 Entrée choices: Cheeseburgers, Chicken Patty, Hotdogs, PB&J, Tuna Sandwich, offered everyday
 Ham & Cheese Wrap, Turkey & Cheese Wrap, Personal Pizza, Fixings Bar: (Lettuce, tomato, pickles, onions & hot peppers)

APRIL 2019

Kent County Middle School: Lunch Menu

Please choose one Main Entrée Item.
 You may take all sides but you must take (1/2 cup VEGETABLE OR FRUIT)
 Fresh Fruit served Daily:
 Milk Choices: Skim, 1% white milk, NF Chocolate, NF Strawberry; Menus are subject to change

Monday

Lunch **1**
 WG Boneless Chicken Wings
 w/ sauce & pretzel rod
Sides
 Emoji Fries
 Green Beans
 Fruit Mix
 Fresh Fruit Basket

Lunch **8**
 WG Chicken Popcorn w/ sauce & pretzel rod
Sides
 Potato Puffs
 Green Beans
 Fruit Mix
 Fresh Fruit Basket

Lunch **15**
 WG Chicken Tenders w/ sauce & pretzel rod
Sides
 Oven Baked French Fries
 Green Beans
 Fruit Mix
 Fresh Fruit Basket

Schools & Offices Closed **22**

Lunch **29**
 WG Popcorn Chicken w/ sauce & pretzel rod
Sides
 Baked Beans
 Green Beans
 Fruit Mix
 Fresh Fruit Basket

Tuesday

Lunch **2**
 Roast Beef & Cheese Sandwich
Sides
 Baked Beans
 Oven Baked Fries
 Flavored Raisins
 Fresh Fruit Basket

Lunch **9**
 Cheeseburger Sliders on WG Slider Rolls
Sides
 Baked Beans
 California Blend
 Flavored Raisins
 Fresh Fruit Basket

Lunch **16**
 Shrimp Poppers w/ macaroni & cheese & Biscuit
Sides
 Baked Beans
 Carrot Sticks w/ dip
 Flavored Raisins
 Fresh Fruit Basket

Lunch **23**
 WG Chicken Strips w/ sauce & pretzel rod
Sides
 Baked Beans
 Green Beans
 Flavored Raisins
 Fresh Fruit Basket

Lunch **30**
 Meat Loaf w/ roll (2)
Sides
 Mashed Potatoes w/ gravy
 Steamed Peas
 Flavored Raisins
 Fresh Fruit Basket

Wednesday

Lunch **3**
 Spicy Chicken Patties on WG HB roll
Sides
 Steamed Broccoli
 Carrot Sticks w/ dip
 Peaches
 Fresh Fruit Basket

Lunch **10**
 Oven Fried Chicken Legs w/ biscuit (2)
Sides
 Apple Glazed Sweet Potatoes
 Steamed Broccoli
 Peaches
 Fresh Fruit Basket

Lunch **17**
 Chicken & Cheese Wraps
Sides
 Savory Carrots
 Steamed Broccoli
 Peaches
 Fresh Fruit Basket
 Jell-o w/ topping

Lunch **24**
 Sloppy Joe on WG HB roll
Sides
 Oven Baked French Fries
 Steamed Broccoli
 Peaches
 Fresh Fruit Basket

Thursday

Lunch **4**
 Variety of Pizza
Sides
 Side Salad w/ dressing
 Celery Sticks w/ sun butter
 Pineapple
 Fresh Fruit Basket

Lunch **11**
 Variety of Pizza
Sides
 Side Salad w/ dressing
 Celery Sticks w/ sun butter
 Pineapple
 Fresh Fruit Basket

Schools Closed **18**

Lunch **25**
 Variety of Pizza
Sides
 Side Salad w/ dressing
 Celery Sticks w/ sun butter
 Pineapple
 Fresh Fruit Basket

Friday

Lunch **5**
 Rotini w/ meat sauce & garlic bread
Sides
 Side Caesar Salad
 Steamed Corn
 Mandarin Oranges
 Fresh Fruit Basket

Lunch **12**
 Fish Sandwich on WG HB Roll
Sides
 Side Caesar Salad
 Steamed Peas
 Mandarin Oranges
 Fresh Fruit Basket

Schools & Offices Closed **19**

Lunch **26**
 Beef Taco Salad
Sides
 Nachos w/ Salsa
 Mexicali Corn
 Mandarin Oranges
 Fresh Fruit Basket

This Institution is an Equal Opportunity Provider