

All Breads, Breading & Pasta are Whole Grain. Lunch Prices are \$0.40 for Reduced lunch and \$2.75 for Paid: (Still a fantastic deal)
 Entrée choices: Cheeseburgers, Chicken Patty, Hotdogs, PB&J, Tuna Sandwich, offered everyday
 Ham & Cheese Wrap, Turkey & Cheese Wrap, Personal Pizza, Fixings Bar: (Lettuce, tomato, pickles, onions & hot peppers)

MAY 2019

Kent County Middle School: Lunch Menu

Please choose one Main Entrée Item.
 You may take all sides but you must take
 (1/2 cup VEGETABLE OR FRUIT)

Fresh Fruit served Daily: **Tuna is available on Fridays**
 Milk Choices: Skim, 1% White milk, NF Chocolate,
 NF Strawberry; Menus are subject to change

Monday

Tuesday

Wednesday

Thursday

Friday

Lunch

6

WG Chicken Rings w/ sauce & pretzel rod
Sides
 French Fries
 Vegetable Medley
 Fresh Mixed Fruit Cup
 Fresh Fruit Basket

Lunch

7

Chicken Melt
Sides
 Baked Beans
 Savory Carrots
 Flavored Raisins
 Fresh Fruit Basket

Lunch

8

Beef Shephard's Pie w/ Biscuit (2)
Sides
 & gravy
Sides
 Green Beans
 Lima Beans
 Peaches
 Fresh Fruit Basket

Lunch

9

Variety of Pizza
Sides
 Side Salad w/ dressing
 Celery Sticks w/ sun butter
 Pineapple
 Fresh Fruit Basket

Lunch

10

Caesar Salad w/ croutons (2pk) Bread Stick
Sides
 Tomato Soup
 Steamed Peas
 Mandarin Oranges
 Fresh Fruit Basket

Lunch

13

WG Chicken Sticks w/ sauce & pretzel rod
Sides
 Emoji Fries
 Baked Beans
 Fresh Mixed Fruit Cup
 Fresh Fruit Basket

Lunch

14

Hot or Cold Roast Beef Sandwich
Sides
 Mashed Potatoes w/ gravy
 Green Beans
 Honey Apple Crisp
 Fresh Fruit Basket

Lunch

15

Taco Soup w/ Nacho Chips
Sides
 Nacho's with Salsa
 Black Bean Salad
 Peaches
 Fresh Fruit Basket

Lunch

16

Variety of Pizza
Sides
 Side Salad w/ dressing
 Celery Sticks w/ sun butter
 Pineapple
 Fresh Fruit Basket

Lunch

17

Spaghetti w/ meat sauce & garlic bread
Sides
 Side Caesar w/ croutons
 Steamed Corn
 Mandarin Oranges
 Fresh Fruit Basket

Lunch

20

WG Chicken Rings w/ sauce & pretzel rod
Sides
 Orange Glazes Sweet Potatoes
 Green Beans
 Fresh Mixed Fruit Cup
 Fresh Fruit Basket

Lunch

21

Chinese Day w/ Egg Roll
Sides
 Carrot Sticks w/ dip
 Broccoli
 Baked Apples
 Fresh Fruit Basket

Lunch

22

Deli Boardwalk Sandwich
Sides
 French Fries
 Baked Beans
 Peaches
 Fresh Fruit Basket

Lunch

23

Variety of Pizza
Sides
 Side Salad w/ dressing
 Celery Sticks w/ sun butter
 Pineapple
 Fresh Fruit Basket

Lunch

24

Chili w/ Beans & Nacho Chips
Sides
 Side Caesar Salad w/ croutons
 Steamed Corn
 Mandarin Oranges
 Fresh Fruit Basket

Schools
 and
 Offices Closed

27

Lunch

28

WG Chicken Sticks w/ sauce & pretzel rod
Sides
 Baked Beans
 Green Beans
 Fruit Mix
 Fresh Fruit Basket

Lunch

29

Nachos with Ground Beef
Sides
 Lettuce & Tomato Cup
 Nachos w/ Salsa
 Peaches
 Fresh Fruit Basket

Lunch

30

Variety of Pizza
Sides
 Side Salad w/ dressing
 Celery Sticks w/ sun butter
 Pineapple
 Fresh Fruit Basket

Lunch

31

Beef Taco Salad
Sides
 Nachos w/ Salsa
 Mexicali Corn
 Mandarin Oranges
 Fresh Fruit Basket