

All Breads, Breading & Pasta are Whole Grain. Lunch
Prices are \$0.40 for Reduced lunch and \$2.50 for Paid

JANUARY 2019

Kent County Public Schools: Elementary Lunch Menu

Please choose one Main Entrée Item.
You may take all sides but you must take
1/2 cup VEGETABLE OR FRUIT)

Fresh Fruit served Daily

Milk Choices: Skim, 1% white milk, NF Chocolate, NF Strawberry;
Menus are subject to change



Monday

Tuesday

Wednesday

Thursday

Friday

**Schools
and
Offices Closed**

**Schools
Closed**

Main Entrée 3
Variety of Pizza
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Side Salad w/ dressing
Celery Sticks w/ dip
Pineapple
Fresh Fruit Basket

Main Entrée 4
½ Toasted Cheese Sandwich,
Yogurt & Muffin Plate,
Chicken & Cheese Wrap
Sides
Kale
Marinated Vegetable Salad
Pears & Fresh Fruit Basket

Main Entrée 7
Boneless Chicken Wings w/sauce
& Pretzel Rod
Cheeseburger, Hot Dog,
PB&J w /cheese stick
Sides
Orange Glazed Carrots
Green Beans
Fruit Mix & Fresh Fruit Basket

Main Entrée 8
Tacos w/ soft or hard shell
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Lettuce & Tomato Cup
Nachos & Salsa
Raisins & Fresh Fruit Basket

Main Entrée 9
Pork Ribbie Sandwich
Cheeseburger, Hot Dog,
PB&J w /cheese stick
Sides
Oven Fried Potatoes
Mixed Vegetables
Peaches & Fresh Fruit Basket

Main Entrée 10
Variety of Pizza
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Baked Beans
Steamed Broccoli
Pineapple & Fresh Fruit Basket

Main Entrée 11
½ Toasted Cheese Sandwich,
Yogurt & Muffin Plate,
Chicken & Cheese Wrap
Sides
Lima Beans
Marinated Vegetable Salad
Pears & Fresh Fruit Basket

Main Entrée 14
Chicken Tenders w/ sauce w/ roll
& Pretzel Rod
Cheeseburger, Hot Dog,
PB&J w /cheese stick
Sides
Orange Glazed Sweet Potatoes
Green Beans
Fruit Mix
Fresh Fruit Basket

Main Entrée 15
Lasagna w/ meat sauce & garlic bread
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Side Salad
Vegetable Medley
Raisins & Fresh Fruit Basket

Main Entrée 16
Chicken Sliders
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Potato Smiles
Spinach
Peaches & Fresh Fruit Basket

Main Entrée 17
Variety of Pizza
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Baked Beans
Steamed Broccoli
Pineapple & Fresh Fruit Basket

Main Entrée 18
½ Toasted Cheese Sandwich,
Yogurt & Muffin Plate,
Chicken & Cheese Wrap
Sides
Vegetable Soup
Carrot Sticks w/ dip
Pears & Fresh Fruit Basket

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Main Entrée 22
Cheesy Noodles w/ beef & biscuit
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Peas
Cole Slaw
Raisins & Fresh Fruit Basket

Main Entrée 23
Shrimp Poppers w/ mac & cheese
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Vegetable Medley
Carrots w/ dip
Peaches & Fresh Fruit Basket

Main Entrée 24
Variety of Pizza
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Baked Beans
Steamed Broccoli
Pineapple & Fresh Fruit Basket

Main Entrée 25
½ Toasted Cheese Sandwich,
Yogurt & Muffin Plate,
Chicken & Cheese Wrap
Sides
Vegetable Soup
Carrot Sticks w/ dip
Pears & Fresh Fruit Basket

Main Entrée 28
Boneless Chicken Wings w/sauce
& Pretzel Rod
Cheeseburger, Hot Dog,
PB&J w /cheese stick
Sides
Orange Glazed Carrots
Green Beans
Fruit Mix & Fresh Fruit Basket

Main Entrée 29
Taco Soup w/ half Ham Wrap
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Cucumbers w/ dip
Pea Pods w/ dip
Raisin & Fresh Fruit Basket

Main Entrée 30
Spaghetti w/ meat sauce & garlic bread
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Vegetable Medley
Carrots w/ dip
Peaches & Fresh Fruit Basket

Main Entrée 31
Variety of Pizza
Cheeseburger, Chicken Patty,
Hot Dog & PB&J w/ cheese
Sides
Baked Beans
Steamed Broccoli
Pineapple & Fresh Fruit Basket

