

JANUARY 2019

Kent County High School Menu

Fruit and 100% Fruit Juice Available Daily
 1% White Milk, Skim Milk and NF Choc Milk
 Available Daily
 Cereal or Breakfast Pizza offered as a choice everyday

Monday

Tuesday

Wednesday

Thursday

Friday

2019

1
 Schools
 and
 Offices Closed

2
 Schools
 Closed

3
 Breakfast
 Banana Bread
 Fruit Mix Cup
 100% Fruit Juice
 Milk

4
 Breakfast
 Pop Tarts w/ cheese wedge
 Peach Cup
 100% Fruit Juice
 Milk

7
 Breakfast
 Cereal w/ crackers
 Fruit Mix Cup
 100% Fruit Juice
 Milk

8
 Breakfast
 Mini Pancakes
 Peach Cup
 100% Fruit Juice
 Milk

9
 Breakfast
 Sausage pancake on a stick
 Banana
 100% Fruit Juice
 Milk

10
 Breakfast
 Egg & Cheese Sandwich
 Fruit Mix Cup
 100% Fruit Juice
 Milk

11
 Breakfast
 Pop Tarts w/ cheese wedge
 Peach Cup
 100% Fruit Juice
 Milk

14
 Breakfast
 Cereal w/ crackers
 Fruit Mix Cup
 100% Fruit Juice
 Milk

15
 Breakfast
 French Toast Sticks
 Peach Cup
 100% Fruit Juice
 Milk

16
 Breakfast
 Sausage pancake on a stick
 Banana
 100% Fruit Juice
 Milk

17
 Breakfast
 Cinni Mini's
 Fruit Mix Cup
 100% Fruit Juice
 Milk

18
 Breakfast
 Pop Tarts w/ cheese wedge
 Peach Cup
 100% Fruit Juice
 Milk

21
 M L King Day
 Schools
 and
 Offices Closed

22
 Breakfast
 Cereal w/ crackers
 Fruit Mix Cup
 100% Fruit Juice
 Milk

23
 Breakfast
 Sausage pancake on a stick
 Banana
 100% Fruit Juice
 Milk

24
 Breakfast
 Egg & Cheese Sandwich
 Fruit Mix Cup
 100% Fruit Juice
 Milk

25
 Breakfast
 Pop Tarts w/ cheese wedge
 Peach Cup
 100% Fruit Juice
 Milk

28
 Breakfast
 Cereal w/ crackers
 Fruit Mix Cup
 100% Fruit Juice
 Milk

29
 Breakfast
 Mini Pancakes
 Peach Cup
 100% Fruit Juice
 Milk

30
 Breakfast
 Sausage pancake on a stick
 Banana
 100% Fruit Juice
 Milk

31
 Breakfast
 Cinni Mini's
 Fruit Mix Cup
 100% Fruit Juice
 Milk

This institution is an Equal Opportunity Provider

