Kent County Public Schools

H. R. Newsletter February 2019

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FEBRUARY 2, 2019

American
Heart
Association

My Heart. My Life.™

FEBRUARY IS AMERICAN HEART MONTH

Heart disease has probably already touched you or someone you know. Make it your mission to fight heart disease and stop the No. 1 killer in America. Go Red for someone you love!



VOLUME 4 ISSUE 6

Did you know that every 40 seconds, someone in the United States has a Heart Attack?

<u>Heart Health Risk Assessments</u> - By entering a few of your health numbers, you'll receive valuable information on steps YOU can take to lower your risk of cardiovascular disease

The Single Biggest Health Threat Women Face – play this inspiring TED Talk video



Visit their website!

We have partnered together to bring Kent County Public School employees a discounted rate on memberships to the Kent Athletic and Wellness Center!

SINGLE MEMBERSHIP

FAMILY MEMBERSHIP

\$ 490 Annually (\$22.27 per pay)

\$ 625 Annually (\$28.41 per pay)

Payroll Deduction Form and Class Schedule can be found in the "Wellness" section of our website.

Intentions for Next Year

The KCPS 2019-2020 Intent Survey will be posted on the News this week.

Please take the survey to indicate your plans for next year and to make a transfer request. A transfer for this survey is a request to change your work site. A reassignment within the building is not considered a transfer and is the responsibility of the principal or supervisor. Please be aware that a transfer request is simply a request – your choice is not guaranteed. The final assignment will be made in the best interest of the school system.

Transfer requests can be made up until May 1 but providing this information early will help with planning for next year.

For questions, contact Ed Silver at 410-778-7135 or email him at esilver@kent.k12.md.us

Monday, February 18, 2019 HAPPY

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Employee Access Center (EAC)

https://eac.spihost.net/kcy/eac5/Login.aspx

View paystubs and W-2s, and keep track of your deductions.

Username: Employee Number

Password: Either your social security number with no dashes or

the last 4 digits of your social security number.